



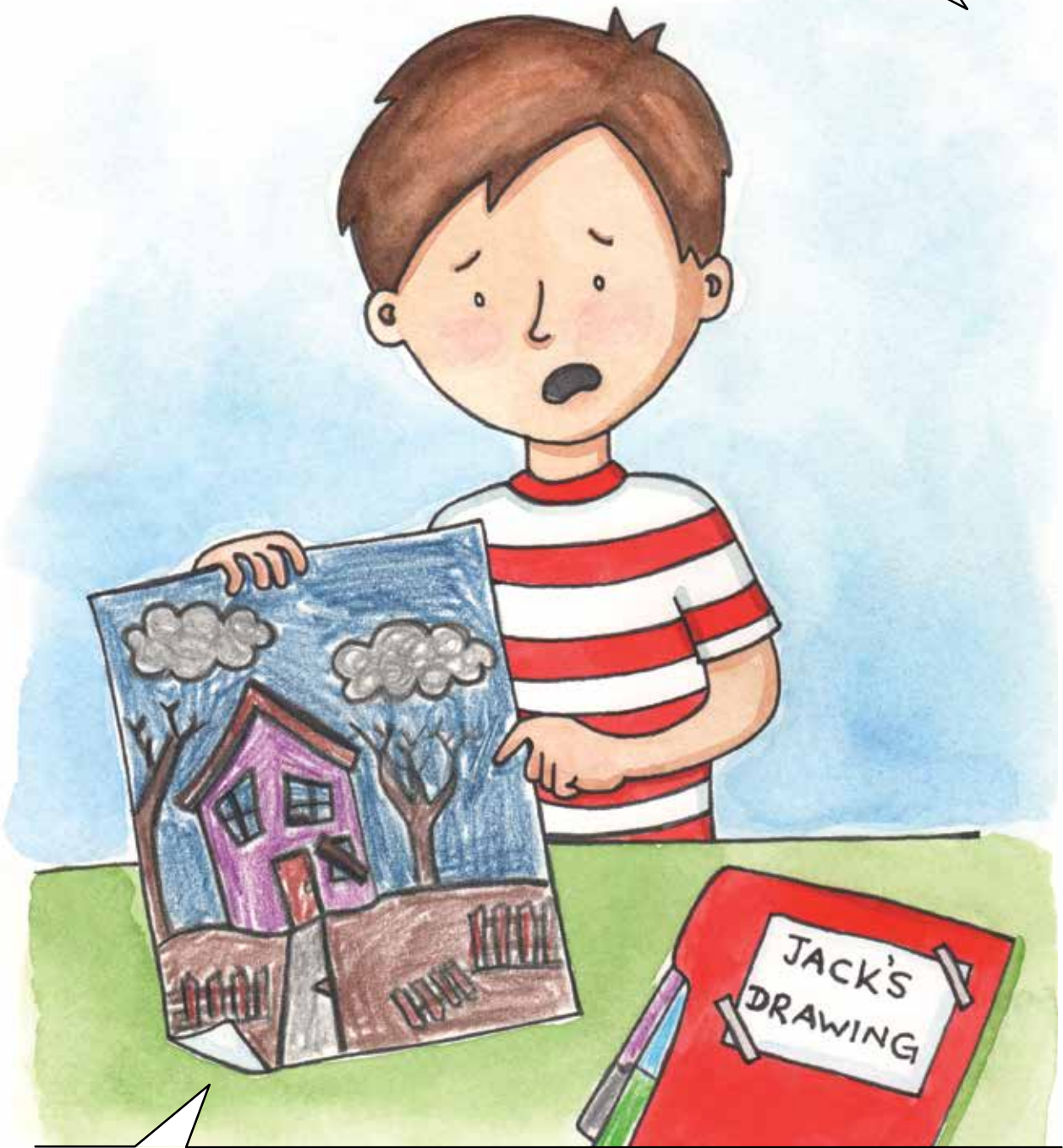
Gratitude Report 2014
INTERVAL HOUSE

What are you working on, Jack?



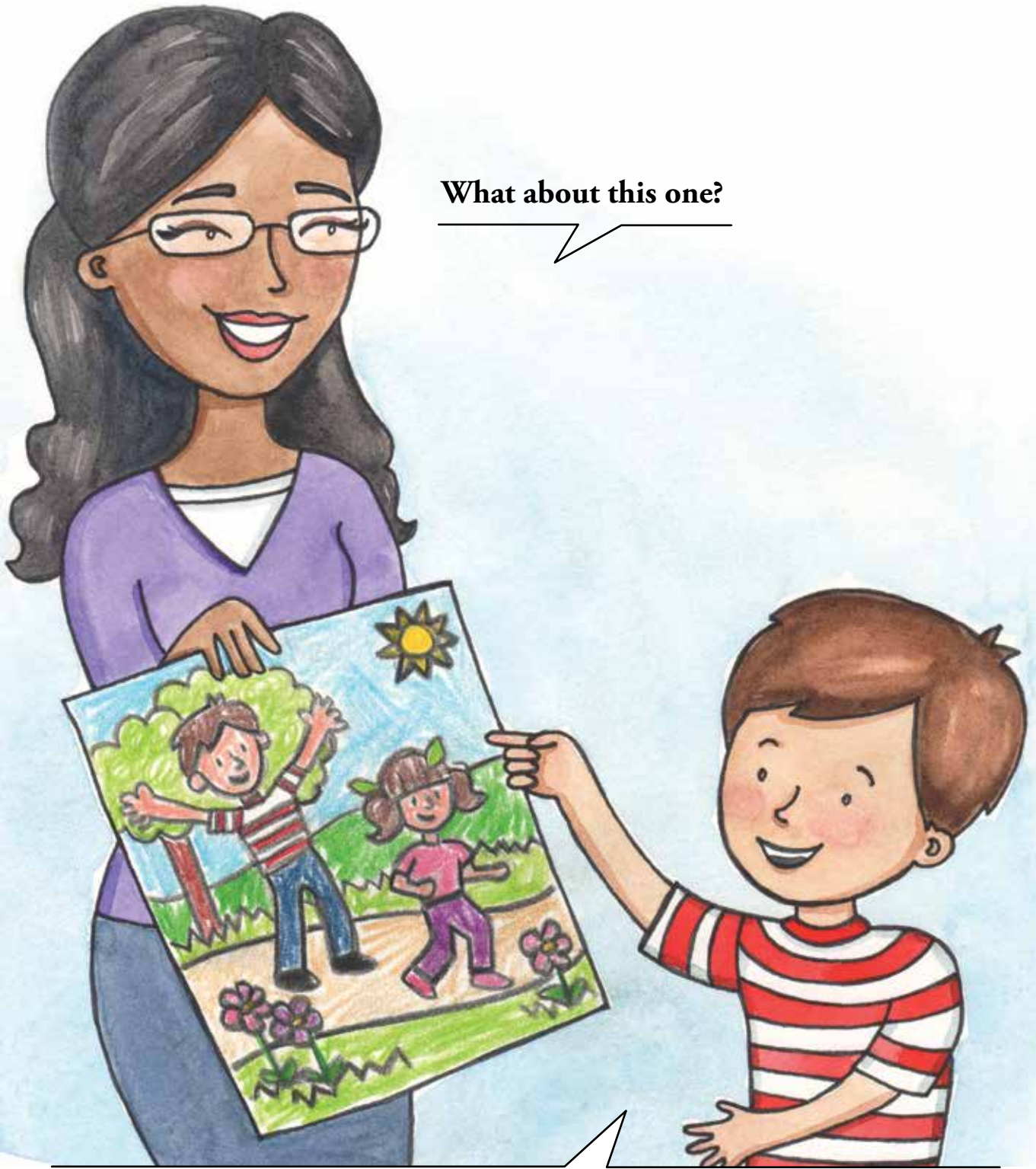
I started this drawing when we came home from the movies last night. Mum and Emma fell asleep, but I looked out my window and loved seeing the lights in the windows through the darkness.

Wow, Jack, you've come so far. Will you share your old pictures with me? When you were first here at Interval House, I would see you drawing all the time, but I don't think I've seen a lot of your work. And I'd really love to.



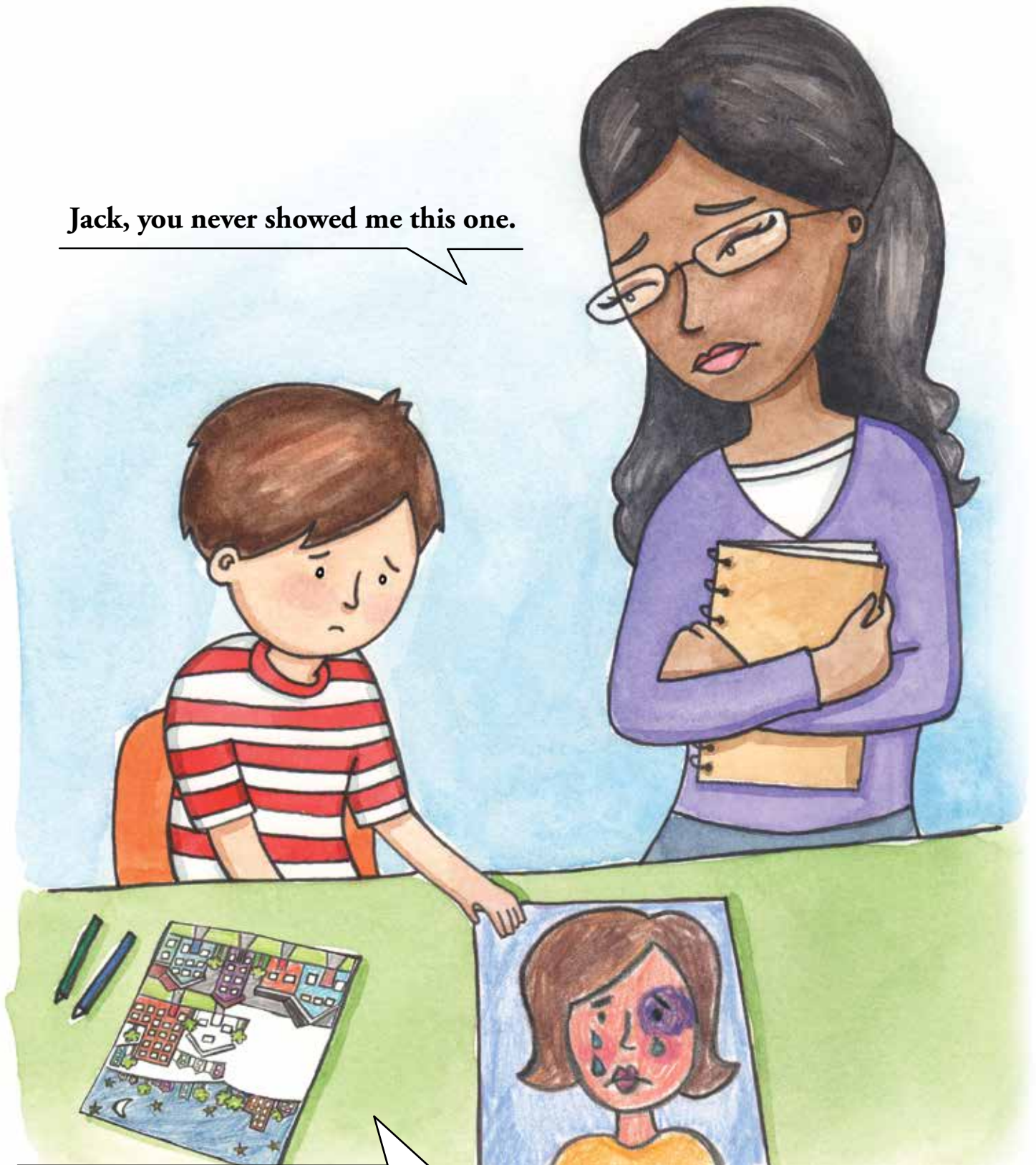
This is our old house. Mum cried a lot in that house. I always felt scared. Sometimes I miss home, but it wasn't a good place to be.

What about this one?



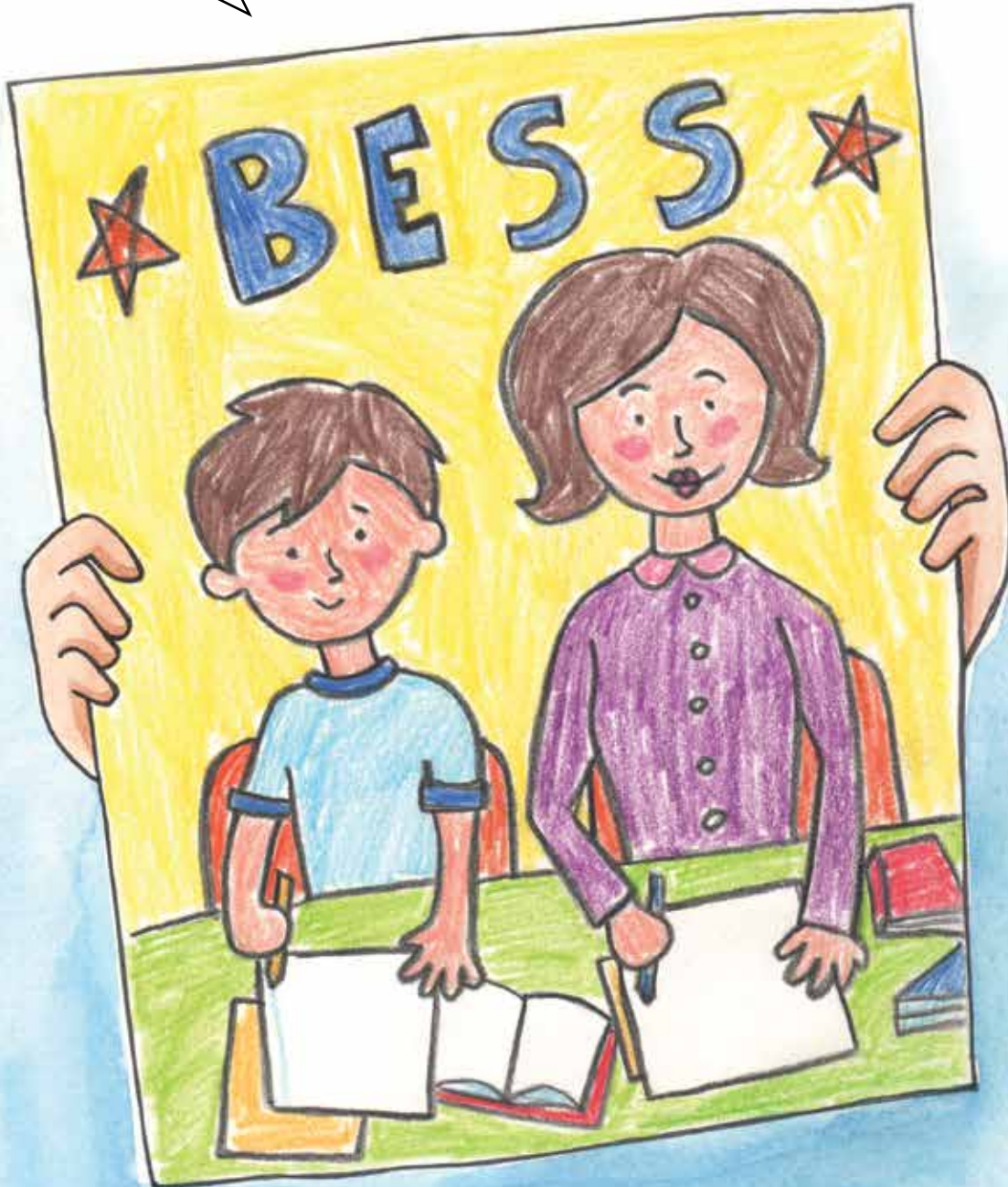
HA! Yes, I remember this. It was when we came back from our first walk to the park down the street. Look at Emma. She's all dirty and she even has a leaf in her hair but she's so happy. I remember it was the first time she played on her own. Before, she was, like, **RIGHT BESIDE ME ALL THE TIME**. I drew this because I loved how happy Emma was on that day, running around and having fun with the other kids.

Jack, you never showed me this one.



I hated that bruise. I hate that it ever existed. I thought if I drew it, the memory would fade away. I couldn't help her. I couldn't stop him. I couldn't do anything. All I could do was draw.

Here we are doing homework together at the kitchen table. Mum was working on her BESS project, and I was correcting my silly spelling mistakes.



I remember this too, Jack. I was making tea and heard your mom say, “I’ll make you a deal, Boy Wonder. You help me with the math part of my work and I’ll help you with your spelling. Together, we’ll get through the hard parts.”

Tell me about today's.



Those lights in the windows. I wonder who those people are. The twinkling lights make their homes look warm and happy. Maybe behind those windows are people who care about Interval House? Who care about someone like me? And maybe one day I'll be like them, in a warm and happy home of my own.

YOU are the lights in the windows...

Thank you, our cherished donors, for your amazing support of Interval House.

We created this storybook for you, telling you the story of Interval House through Jack's eyes and drawings. Kids like Jack come to us confused, sad, and sometimes angry. And our Children's Counsellors work with them to express their feelings and emotions in a safe, positive way.

Art group and storytelling are among our most powerful and important creative tools in our work with children, and it seemed like a beautiful way to celebrate your impact and share this story with you in a new light.

Little by little, day by day, in their own time, kids like Jack build trust, confidence, love. They shine when their mum smiles.

You are the light in the windows because you also show kids that it's not just Interval House that is a safe physical space. You help kids create safe places in their lives and in their hearts. And you remind them that the spirit of Interval House will go with them when they leave our home, because there are loving, caring, nurturing, amazing people like you in their neighbourhoods and across our community.

Message from Our Board Chair Renée Weekes

You are indeed the lights in the windows, providing a safe, nurturing place for families in crisis. And your support provides hope to women and children when they most desperately need it. Thank you for your vital support of Interval House.

You help provide emergency shelter, life-changing counselling and support programs, and help families leave violence behind them forever. And, as I hope you can see in this story,

you also light up lives in a softer, more subtle way—helping kids like Jack realize that it is not only our home that is a safe place, but that mom is a safe place, and our community is a safe place filled with people who care.

Your light helps guide kids along a positive path, away from the darkness of family violence and towards a place of hope and positivity. Thank you for being the light in our windows!

Message from Our Executive Directors Lesley Ackrill, Nadine Chan and Arlene McCalla

From our home to yours, and our hearts to yours, we hope you enjoy Jack's story.

This story was inspired by the artwork of some of the children living here today. Our Children's Counsellors work with kids on collages, paintings, sculptures and stories about their future homes, their forever homes. A trend we saw over the last few years is that children are coming to us younger and younger, so finding creative ways to help them express complex emotions is a critical part of our work every day.

Jack's story references group outings, which are a vital part of our children's program. Kids in abusive homes are often isolated from their neighbours and their community. With your generous support, we take families to art galleries, movies and other attractions, in

addition to playing at local parks, which helps them explore their community with confidence and joy.

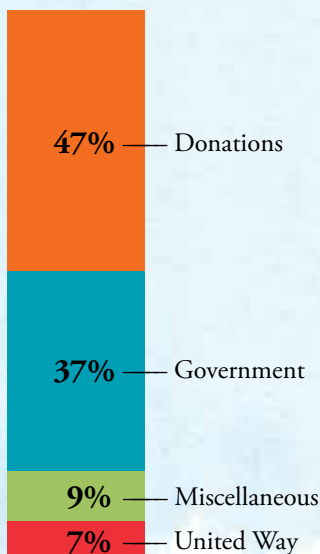
And Jack references BESS, our Building Economic Self-Sufficiency program. Women learn to write a resume and cover letter, hone their job search skills, prepare for an interview and learn ways to balance work and parenting as they move beyond Interval House. And, just as important, they connect with other women just like them.

Thank you for being the lights in the windows. Because of you, women and children move on from Interval House and become the lights in the windows for another family, living a life free from violence. And that is what makes your support truly precious. Thank you.

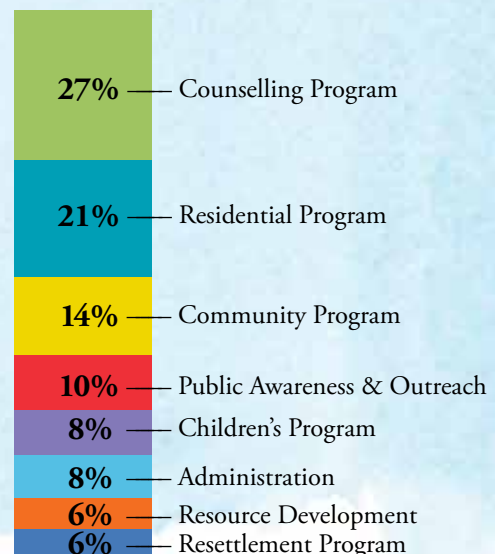
Statement of Operations

REVENUE	CAPITAL FUND	RESERVE FUND	GENERAL FUND	2014 TOTAL	2013 TOTAL
Government	\$23,122	–	\$1,015,761	\$1,038,883	\$1,035,746
United Way	–	–	209,498	209,498	199,671
Donations	–	–	1,351,990	1,351,990	1,370,907
Miscellaneous	80,165	174,063	–	254,228	101,528
	\$103,287	\$174,063	\$2,577,249	\$2,854,599	\$2,707,852
EXPENSES	CAPITAL FUND	RESERVE FUND	GENERAL FUND	2014 TOTAL	2013 TOTAL
Programs	\$4,945	\$454	\$1,886,880	\$1,892,279	\$1,806,746
Public Awareness and Outreach	–	–	323,367	323,367	534,880
Resource Development	–	–	172,876	172,876	157,991
Administration	25,370	25,207	98,190	148,767	152,704
Amortization of Capital Assets	204,930	–	–	204,930	200,410
	\$235,245	\$25,661	\$2,481,313	\$2,742,219	\$2,852,731
EXCESS (DEFICIENCY) CURRENT YEAR	\$(131,958)	\$148,402	\$95,936	\$112,380	\$(144,879)

2013/14 REVENUE Interval House offers integrated, holistic programs to help women and children escape violence and rebuild their lives. Your gift is combined with the support of other donors, corporate and foundation partners, the Ministry of Community and Social Services and United Way Toronto. Here's how we raise our funds.



2013/14 EXPENSES Thank you for supporting Interval House. We value your investment in our mission, and we ensure that every penny of support helps improve the lives of the women and children we serve. Here's how we spend our money.



Statement of Financial Position

ASSETS—CURRENT	CAPITAL FUND	RESERVE FUND	GENERAL FUND	2014 TOTAL	2013 TOTAL
Cash and Temporary Investments	\$1,816,393	\$1,394,845	\$222,475	\$3,433,713	\$2,960,777
GST/HST/Sundry Receivable	–	–	34,945	34,945	51,324
Prepaid Expenses	–	–	53,457	53,457	24,584
	\$1,816,393	\$1,394,845	\$310,877	\$3,522,115	\$3,036,685
Long Term Investments	109,766	85,715	–	195,481	423,549
Capital Assets	4,077,895	–	–	4,077,895	4,241,858
TOTAL ASSETS	\$6,004,054	\$1,480,560	\$310,877	\$7,795,491	\$7,702,092
LIABILITIES—CURRENT	CAPITAL FUND	RESERVE FUND	GENERAL FUND	2014 TOTAL	2013 TOTAL
Accounts payable and Accrued Liabilities	–	–	115,403	115,403	87,944
Current Portion of Mortgage Payable	54,753	–	–	54,753	46,437
	\$54,753	–	\$115,403	\$170,156	\$134,381
MORTGAGE PAYABLE	\$188,595	–	–	\$188,595	\$243,351
NET ASSETS	CAPITAL FUND	RESERVE FUND	GENERAL FUND	2014 TOTAL	2013 TOTAL
Invested in Capital Assets	3,889,300	–	–	3,889,300	3,998,507
Externally Restricted	–	196,002	–	196,002	185,349
Internally Restricted	–	1,282,945	–	1,282,945	1,145,196
Unrestricted	1,983,164	–	85,329	2,068,493	1,995,308
	\$5,872,464	\$1,478,947	\$85,329	\$7,436,740	\$7,324,360
TOTAL LIABILITIES AND NET ASSETS	\$6,115,812	\$1,478,947	\$200,732	\$7,795,491	\$7,702,092



United Way
Toronto

The summarized statements of financial position and operations are derived from the complete financial statements of Interval House as of September 30, 2014 and for the year then ended. The full audited financial statements are available upon request.

Board of Directors

- Renée Weekes
- Lisa Perrotta
- Linda Tung-Prangley
- Charmaine Ewing-Chow
- Michele Grannen
- Heather McLean



Interval House 131 Bloor St. W., Suite 200, Toronto, ON M5S 1R8