

INTERVAL HOUSE

# *Celebrating You*



2011 GRATITUDE REPORT



2011 Board of Directors

Renee Weekes, Chair & Treasurer • Linda Tung, Treasurer  
Lisa Perrotta, Secretary • Heather Pickin • Andrea Slack  
Charmaine Ewing-Chow • Michele Grannen

INTERVAL HOUSE

# *Celebrating You*

Interval House is celebrating *You*.

We're delighted to share the stories and reflections of a few cherished friends – and we hope you will join them in these pages for a small moment or two of celebration.

In every room in our home, each and every day, we witness and celebrate small but precious moments of joy – a baby taking his first steps, spontaneous laughter erupting in the kitchen, a child waving around a good grade on a science test.

These *magical moments* are possible because of you. Thank you so much and please do take a moment to celebrate everything you do.

Enjoy!

2011 GRATITUDE REPORT





*Celebrating*  
*Alok Mukherjee*

ANNUAL DONOR

Our community has a very important role to play in ensuring that women and children whose lives have been affected by violence, poverty, threat of homelessness and despair receive caring support in an environment that respects them, empowers them and gives them hope. Interval House embodies just such an environment. At a time when women and children who, through no fault of their own, find themselves in need of care and support more than ever, the services this organization provides are critical. It has been a *privilege for me* to have been an enthusiastic supporter of Interval House for a very long time.



*Celebrating*  
*Peggy Mahon*

VOLUNTEER

About 30 years ago, I began delivering clothing and toys to Interval House. A singer/actress and sole-support mom myself, I couldn't afford to give monetarily.

Over the past several years, I have begun producing my own jazz concerts and Cabarets. Interval House is not only the beneficiary of the proceeds, but also of additional donations made by the audience members.

The Annual Interval House Benefit Concert is held near Mother's Day at The Heliconian Hall, which is owned by women in the Arts. *I love the synchronicity of women in the arts helping women seeking sanctuary at a time when we celebrate mothers!* It is a win-win-win occasion!







*Celebrating*

CHILDREN'S  
PROGRAM VOLUNTEER

*Fran Bell*

I come to Interval House once a week and feel welcomed into the home of many *wonderful women* and their children. I feel so lucky that I have the opportunity to get to know these awesome, brave people.

*Celebrating*

*Frank Colosimo*

CHILDREN'S  
PROGRAM VOLUNTEER

I definitely feel good about my time spent at Interval house. I enjoy spending time with the children and I think they also enjoy spending time with me. *I like to believe that I am a positive male role model in their lives.* I like to make sure we enjoy our time together and show them how to be respectful and compassionate to others at the same time. I really like that they are happy to see me when I arrive. That makes me feel really good. They are all sweet kids and I don't know much about their lives outside of the time we spend together, but I know that they deserve to have fun and forget about their troubles some times too, just like all of us. I am very happy spending time at the shelter and I hope to do so for a long time.



*Celebrating*  
*GWL Realty Advisors*  
*& Great-West Life*

*Gary Lee &*  
*Laura Holland*

**CORPORATE DONORS**

GWL Realty Advisors and Great-West Life have been supporters of Interval House for several years now because we believe in the holistic approach it provides to *women and children that are much deserving of second chances*. Our support is simply based on a strong belief that each person is entitled to a life of dignity and a brighter future.





BESS GRADUATE

*Celebrating*  
*Ms. Boitumelo*

As a survivor of domestic violence and a BESS Program graduate, I support Interval House with great pride. Interval House has opened up great opportunities for me and it continues to do so every day. *I wanted to give back* to this wonderful women's shelter as a kind way to connect with other domestic violence survivors and sincerely thank Interval House for the immeasurable rewards they offer to the community. It heals me more to be able to share the little I have as an effort to join other generous donors in the fight to stop the cycle of domestic abuse. I am honoured to give on behalf of my two daughters, myself and many other women and children who have been affected by domestic violence. Not every woman is so lucky and that's why Interval House exists.

*Celebrating*

*GE Capital*

CORPORATE  
DONORS AND  
EMPLOYEE VOLUNTEERS

*Anita Chojnacka, Manisha Thacker, Bonnie McKinnon*

GE has partnered with Interval House since 2003 because we feel that the services Interval House provides to the women and children in our community are invaluable. Interval House goes beyond providing safe shelter and security, and helps rebuild lives. Our company and employees feel good about the fact that for every hour we volunteer and every donation we make, *we are helping residents transition to a new stage in life.*



ANNUAL DONOR

*Celebrating*  
*Kip Southam*

The reason that I support Interval House is because throughout my life I have had a growing awareness of the *injustices suffered by woman*. This awareness came from my late sister, as I was growing up, and also, as it pertains to domestic violence, it came through my work in the area of addictions where I had many clients who were subjected to emotional and physical abuse. Not only at home, but on a global scale we hear of the abuse perpetrated by men towards woman, so my supporting Interval House is my attempt, in some small way, to at least do something to help out regarding these horrific injustices.







*Celebrating*  
*Bonnie Bell*

MONTHLY DONOR

For me, Interval House is about giving back to each woman who comes through the door a sense of how special she is, how capable she is of controlling her own life and valuable she can become to herself and to all who come to know her.

What makes me feel good about supporting Interval House is that it (through the remarkable women who work there) gives to those "other" women the hope of enjoying the privileges that I take for granted: to be able to look into the mirror, like what I see (at least most days) and know that who I am and who I will become is up to me not dictated by someone else's anger and jealousy. *It is about giving back hope.*



LEGACY DONOR

*Celebrating*  
*Jane Beaumont*

Why do I feel good about supporting Interval House? Because *Interval House goes beyond providing safe shelter* and has programs like BESS to help women get through difficult times and rebuild productive lives in the community.

Interval House's Legacy Donors will enrich the lives of women and children forever. We extend our deepest thanks to our supporters who have explored their personal legacy and wish to support Interval House forever. What an amazing and inspiring commitment!





*Celebrating*

## *Opening Doors*

YOUR IMPACT

This year Interval House launched a groundbreaking pilot program that has the potential to change how abused women access housing and employment services in the future. When women can't find housing, they are forced to stay in shelters longer. And when they can't move out, shelters can't accept new families. *This puts lives at risk.* Our new program, Opening Doors, provides 50 women with a subsidy to help with her rent for two years. The cornerstone of this program is the employment and housing supports that she receives. By focusing on career goals, women in this program have a better chance of paying market rent for apartments in safe communities, and leaving shelters and subsidized housing once and for all.

*Celebrating*

## *Ibiene and her journey*

YOUR IMPACT

When we first met Ibiene, she could barely look us in the eye. During intake, we found out that she was married at a young age to the chief of her tribe in Nigeria. He died, and tradition held that the heads of his wives be buried with him. Terrified for her life, Ibiene turned to UN workers who helped her flee to Canada and apply for refugee status. But *she had to leave her six kids behind.*

She came to Interval House with the simple hope that she could find a job and eventually reunite with her children, but she realized her true potential during the two week program. In a few short days, she discovered her skills and found her confidence. Ibiene went on to work with our Job Developer, and began a career in airport security. Now with her steady income, she's working on bringing her children to her new home in Canada.



*Celebrating*  
*Our Supporters*

YOUR IMPACT

It's easy to celebrate the large accomplishments like landing a job, or graduating from school. But here at Interval House we put a special emphasis on the small celebrations. And every time a woman has a breakthrough or a child learns to share, we think of you, our supporters.

*Without you, we could not exist.*

In this year's Gratitude Report, friends like Peggy, Kip, Bonnie, Fran, Frank, Boitumelo, Jane, Alok, and our friends at GWL Realty Advisors and GE Capital have each shared their personal reasons for supporting Interval House. And just as we celebrate them, we're also celebrating you. Whether you give \$5 a month, volunteer a few hours a week, or gave

*Celebrating*  
*Our Supporters*

YOUR IMPACT

a major gift to help our recent renovation, friends like you mean the world to us. And it's important for the women and children we help to know that they have people like you on their side – people who don't even know them, but care about their safety and wellbeing. It's this support that keeps their spirits high and helps them take the courageous steps toward a life free of violence.

On behalf of the Board of Directors at Interval House, *thank you for being such a wonderful friend!*

Reneé Weekes

Chair, Interval House Board of Directors



*Celebrating*  
*Our Supporters*

YOUR IMPACT

You've been reading the reflections of a handful of our cherished friends. Like you, they each have special reasons for choosing to support Interval House.

*As donors, volunteers and champions, your gifts are investments in our work and they enable us to plan our spending and create new programs.* Your investment is even more important during a recession when it's vital for an organization to be flexible enough to respond to changing needs. Your gifts allow us to respond with innovative programs that go beyond emergency shelter and help break the cycle of violence for good.

In the last few years, we've been looking for new ways to

*Celebrating*  
*Our Supporters*

YOUR IMPACT

help abused women and their children. With a few ideas in the pipeline, and Opening Doors, the program about which you read earlier, on its way to being a success, we're more grateful than ever to have friends like you by our side. In the coming year, we hope to help more women and children by continuing to improve our existing programs, exploring new services, making new friends and appreciating the old ones.

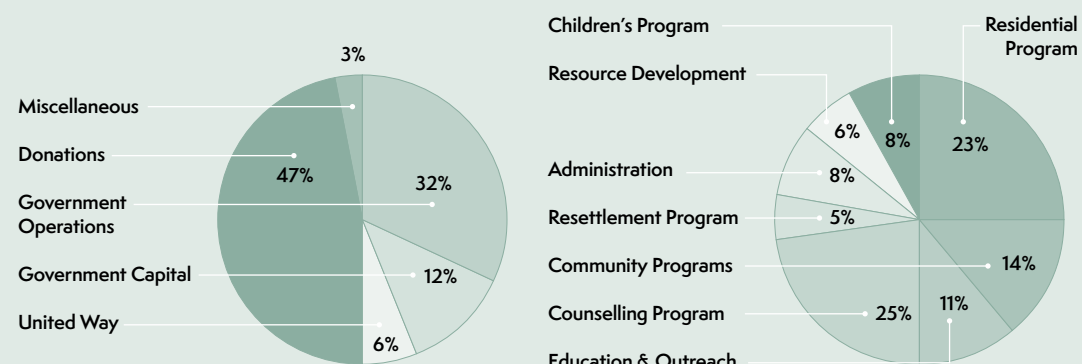
And though we keep a keen eye on the big picture, we know that it's often the small accomplishments that have the biggest impact. *Thank you for making these moments possible* and we hope that you will continue to celebrate with us.

Lesley Ackrill, Nadine Chan and Arlene McCalla  
Executive Managers

## STATEMENT OF OPERATIONS

	Capital Fund	Reserve Fund	General Fund	2011 Total	2010 Total
<b>REVENUE</b>					
Government	\$ 416,199		\$ 1,077,928	\$ 1,494,127	\$ 1,304,459
United Way Funding			194,484	194,484	190,684
Capital fund donation	136,234		1,445,882	1,445,882	1,035,200
Miscellaneous	55,109	38,868		136,234	70,477
				93,977	143,478
	<b>\$ 607,542</b>	<b>\$ 38,868</b>	<b>\$ 2,718,294</b>	<b>\$ 3,364,704</b>	<b>\$ 2,744,298</b>
<b>EXPENSES</b>					
Programs	12,884		1,692,808	1,705,692	1,888,089
Public awareness and outreach			360,700	360,700	290,223
Fundraising			190,684	190,684	180,889
Administration	53,395	13,355	95,929	162,679	159,772
Amortization of capital assets	198,070			198,070	198,477
	<b>\$ 264,349</b>	<b>\$ 13,355</b>	<b>\$ 2,340,121</b>	<b>\$ 2,617,825</b>	<b>\$ 2,717,450</b>
<b>SURPLUS (DEFICIT)</b>	<b>\$ 343,193</b>	<b>\$ 25,513</b>	<b>\$ 378,173</b>	<b>\$ 746,879</b>	<b>\$ 26,848</b>

*Revenue* Interval House offers integrated, holistic programs to help women and children escape violence and rebuild their lives. Your gift is combined with the support of other donors, corporate and foundation partners, the Ministry of Community and Social Services and United Way Toronto. Here's how we raise our funds.



*Expenses* Thank you for supporting Interval House. We value your investment in our mission, and we ensure that every penny of support helps improve the lives of the women and children we serve. Here's how we spend our money.

## STATEMENT OF FINANCIAL POSITION

	Capital Fund	Reserve Funds	General Fund	2011 Total	2010 Total
<b>ASSET - Current</b>					
Cash and temporary investments	\$ 767,840	\$ 727,870	\$ 587,676	\$ 2,083,386	\$ 1,489,884
GST/HST/Sundry receivable			38,383	38,383	48,719
Prepaid expenses			21,221	21,221	4,662
	<b>\$ 767,840</b>	<b>\$ 727,870</b>	<b>\$ 647,280</b>	<b>\$ 2,142,990</b>	<b>\$ 1,543,265</b>
Long Term Investments	512,991	535,786		1,048,777	1,218,312
Capital Assets	4,586,436			4,586,436	4,469,729
<b>TOTAL ASSETS</b>	<b>\$ 5,867,267</b>	<b>\$ 1,263,656</b>	<b>\$ 647,280</b>	<b>\$ 7,778,203</b>	<b>\$ 7,231,306</b>
<b>LIABILITIES - Current</b>					
Accounts payable and Accrued Liabilities			92,064	92,064	155,988
Current portion of mortgage payable	14,009			14,009	11,532
Accrued mortgage interest	880			880	942
Deferred revenue				-	122,464
	<b>\$ 14,889</b>	<b>\$ -</b>	<b>\$ 92,064</b>	<b>\$ 106,953</b>	<b>\$ 290,926</b>
<b>Mortgage Payable</b>	<b>\$ 304,266</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 304,266</b>	<b>\$ 320,275</b>
<b>NET ASSETS</b>					
Invested in capital assets	4,282,170			4,282,170	4,149,454
Externally restricted		174,695		174,695	174,700
Internally restricted		1,087,635		1,087,635	880,731
Unrestricted	1,790,455		32,029	1,822,484	1,415,220
	<b>\$ 6,072,625</b>	<b>\$ 1,262,330</b>	<b>\$ 32,029</b>	<b>\$ 7,366,984</b>	<b>\$ 6,620,105</b>
<b>TOTAL LIABILITIES and NET ASSETS</b>	<b>\$ 6,087,514</b>	<b>\$ 1,262,330</b>	<b>\$ 124,093</b>	<b>\$ 7,778,203</b>	<b>\$ 7,231,306</b>

Note to the summarized financial statements:

The summarized statements of financial position and operations are derived from the complete financial statements of Interval House as of September 30, 2011 and for the year then ended. The full audited financial statements are available upon request.





*Celebrating You*

